

**Directions to Outlook South West's locality base at  
Room 10, The Neetside Community Centre, Bude, Cornwall, EX23 8LB**

The Neetside office is situated by the river across the green from the Methodist church & surgery i.e. on the opposite bank to Bude strand.

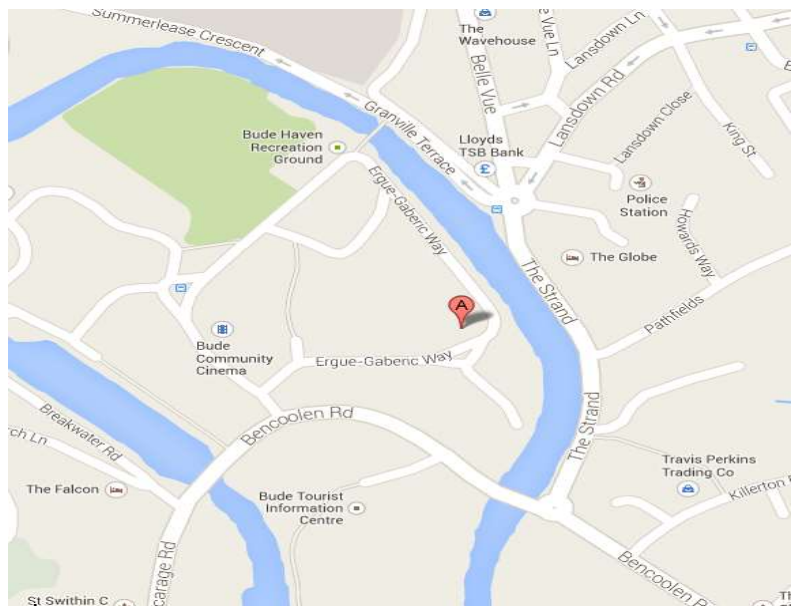
The room Outlook South West occupies is on the 1<sup>st</sup> floor. Access is via stairs or lift.

**From the A39**

Turn off A39 where signposted. Proceed Past Morrison's over the roundabout and down the hill, past the school. After about half a mile you'll come to a roundabout with the river now in view. Don't turn right towards the town but carry on over the river bridge, past the car park on your left and you will see a post office on your right. Turn right here and follow the road around and turn right again. Proceed past the church, following the lane alongside the river and our building will come into view which has a large grassy area to the front and car park.

**Parking**

The parking spaces at the front of the building are 70p per hour – no concessions. This area is owned by the Bude Town Council and Neetside has no authority or responsibility over it.



**Reception / waiting area**

There is a waiting area downstairs when you enter the Community Centre. Please take a seat here for your appointment. The therapist will come down and meet you at the time of your appointment.

For any further information, please contact the Outlook South West head office in Lostwithiel on 01208 871905.