

**Directions to Outlook South West's therapy room at  
Hendra's Pharmacy, 44 Lower Market Street, Penryn, TR10 8BH**

Our therapy room can be found in Hendra's pharmacy. Please take a seat on the chairs at the back of the store.



**From Falmouth**

In Falmouth join Dracaena Avenue (A39) heading towards Penryn, at the McDonalds roundabout take the second exit, straight over. At the next roundabout take the 3<sup>rd</sup> exit on to Falmouth Road. After the bridge turn left on to Quay Hill, this leads on to Lower Market Street where the pharmacy will be on your right.

**From Truro**

Head towards Falmouth on A39, at Playing place go straight over both roundabouts, straight over 2 further roundabouts. Take the 1<sup>st</sup> exit left at the Treluswell roundabout. Continue on B3292 for 1 mile then turn right, signposted for Town Centre. Turn left on to West Street then the road will narrow, at the junction turn left. The Pharmacy is on your left.

**Parking**

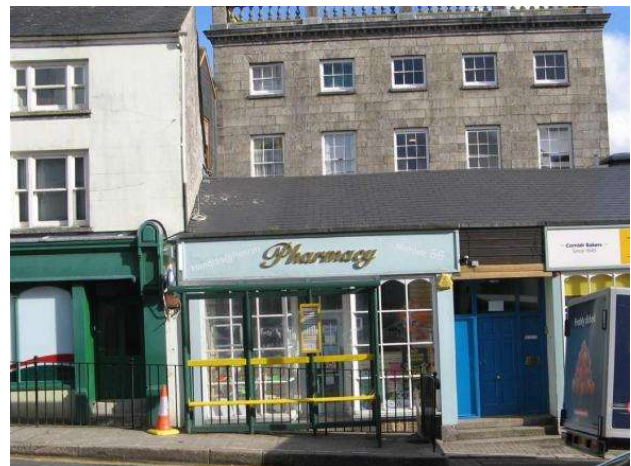
The nearest car park on Saracen Place, this road is opposite the pharmacy and behind the Town Council Building. It costs 60p to park for 1 hour.

**By train**

Penryn train station is a 10 minute walk away on Station Road.

**By bus**

The nearest bus stop is in front of the Pharmacy. The First bus service goes to Falmouth, Truro and Redruth.



For any further information, please contact the Outlook South West head office in Lostwithiel on 01208 871905.