

Key Principles



MENTAL
CAPACITY ACT

At Clear Psychology we adhere closely to the 5 key principles of the Mental Capacity Act (2005) as outlined below

- 1. A presumption of capacity**
– every adult has the right to make his or her own decisions and must be assumed to have capacity to do so unless it is proved otherwise
- 2. Individuals being supported to make their own decisions**
– a person must be given all practicable help before anyone treats them as not being able to make their own decisions
- 3. Unwise decisions** – just because an individual makes what might be seen as an unwise decision, they should not be treated as lacking capacity to make that decision
- 4. Best interests** – an act done or decision made under the Act for or on behalf of a person who lacks capacity must be done in their best interests
- 5. Least restrictive option**
– anything done for or on behalf of a person who lacks capacity should be the least restrictive of their basic rights and freedoms.

All Clear Psychology clinicians are accredited Chartered Clinical Psychologists who hold current registration with the Health Professions Council (HPC) and the British Psychological Association (BPS).

Reports are submitted within 2-3 weeks upon receipt of instruction with an express medico-legal service available by separate negotiation for urgent cases.

All enquiries welcome

If you require additional information or advice regarding a request or referral, please do not hesitate to contact us for a chat; we are always happy to help and/or advise on all matters relating to Mental Capacity and Medico-Legal queries in general.



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ASSESSMENT & THERAPEUTIC SOLUTIONS

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Clear Psychology

ASSESSMENT & THERAPEUTIC SOLUTIONS

Mental Capacity Assessments & Reports



CLEAR PSYCHOLOGY OFFERS A BESPOKE MENTAL CAPACITY ASSESSMENT SERVICE ALONGSIDE ITS OTHER ESTABLISHED MEDICO LEGAL AND CLINICAL SERVICES.

www.clear-psychology.com

Mental Capacity Assessments & Reports



Experience indicates that clients and families are often unsure what to expect from the assessment process and understandably they may feel anxious. Unlike many other agencies, Clear Psychology provides clients and their families with information in advance of their appointment, thereby helping to alleviate any unnecessary anxiety or uncertainty.

How will “capacity” be assessed?

The assessment of capacity is task-specific. A person is regarded as being unable to make a decision if, at the time the decision has to be made, he or she fails:

To understand the information relevant to the decision

To retain the information relevant to the decision

To use or weigh up the information

To communicate the decision (by any means)



Court of Protection Assessments (COP-3)

Clear Psychology is able to offer a sensitive assessment service in this area and can turn around completed COP-3 assessments within 2-3 weeks of instruction.

At Clear Psychology we understand that the assessment of mental capacity is a delicate and sensitive matter, particularly when a Court of Protection Assessment is requested. This can be a difficult time for the family, relatives and friends as they seek clarification on how best to care and make arrangements for their loved one.

As a consequence of having experienced clinical backgrounds, we believe that all our clinicians are able to carry out such assessments in a supportive and caring manner, clearly explaining the reasons for the assessment to those involved and allaying any unnecessary fears.



Clear Psychology

We are a leading independent, multidisciplinary psychological practice based in the South West covering the UK and Ireland.

We have an established record in psychological assessment, psychological therapy, cognitive behaviour therapy (CBT) and medico-legal reporting. The Clear Psychology team includes experienced Chartered Clinical Psychologists, BABCP-accredited Cognitive Behaviour Therapists, BACP-accredited counsellors and full-time support staff.

“I have instructed Clear Psychology for many COP3 and Mental Capacity assessments and have found them to be friendly, professional and responsive. Great to work with; handling my vulnerable clients with care and dignity and providing concise and professional reports.”

– LS Coodes Solicitor